

# HomeSpun



The Village at Morrisons Cove

Stay current on happenings at The Village!

April 2025



The Village has been abuzz the last few months: Christmas, New Years, Valentine's Day, and St. Patrick's Day celebrations have all swept through our halls! Santa stopped by our Polar Express 4D Experience in 2024 before dashing over to visit with residents and hand deliver their Christmas gifts. Residents celebrated Valentine's Day with heart-themed activities and valentine treats. We're preparing for Easter and look forward to visits from congregations and other members from the Church of the Brethren.



While we slowly warm up and wait for the sunshine to pay a visit, you don't have to delay! Visitation is available for all residents. If you would like to get involved in our mission, we welcome community members who would like to volunteer with our nursing home and hospice residents. Volunteers are always needed to help with reading, arts and crafts, and more. Are you artsy but don't have time to volunteer? The Village Auxiliary works with local artists to feature art in our main hallway for residents and visitors to purchase. Products rotate monthly with a portion of the proceeds going to a good cause. Inquire at (814) 793-2104 to learn more!



Pictured: (upper left) *Santa and one of his elves say hello;* (middle left) *Valentine's Day at the VMC;* (bottom left) *Residents test their luck with our activities staff;* (below) *Local artists decorate our hallways with springtime items.*



## *Compassionate Home Care, One Call Away*



*Examples of our services include:*

- Bathing
- Dressing
- Grooming
- Cooking
- Meal Delivery
- Companionship
- Shopping/Errands
- Laundry
- Transportation

Everyone ages differently and needs assistance at different stages of life. Many older adults are active and independent, but may need help with minor day-to-day activities such as dressing, cooking, laundry, or meal delivery. That's where we come in! Aging-In-Place is The Village's Home Care provider. Our Home Care services do not require a doctor's referral and are not covered by health insurance. Anyone can call to request care. Our staff will perform a thorough evaluation and with the help of your family, create a plan that will keep you safe and healthy. Do you need an extra hand? Call us at (814) 793-5233 to inquire today and let us help from the comfort of your home.

## *Keeping Our Home Happy and Healthy*

As we age, staying active can be key to staying healthy and feeling better longer. The American Heart Association recommends getting at least 150 minutes per week of moderate aerobic activity. The Village holds regular Zumba classes with our licensed instructor, Robin, for our Independent Living Residents and Personal Care Residents. Zumba classes range from the gym, to the pool, to chairs to ensure residents who would like to participate are able to comfortably. Pictured here is an example of a seated Zumba class. Chairs provide extra stability and comfort. Finding ways to keep our home healthy and happy takes a Village!



### *Our Mission*

The Village at Morrisons Cove, in affiliation with the Middle Pennsylvania District Church of the Brethren, is established to serve the members of the Church of the Brethren and our neighbors in the larger community. The Village provides a residential community and health care to men and women in active retirement, as well as those in need of convalescence, assisted living, or long-term health care. Believing that God charges us to care for the whole person, The Village provides services that enrich the spiritual, emotional, social, intellectual, and physical lives of residents.

### *Contact Us*

[villageatmorrisonscove.org](http://villageatmorrisonscove.org)

(814) 793-2104

The Village at Morrisons Cove

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## *Easter Cards for Residents*



Easter is a great time to write a card or letter to a nursing home resident! Our residents love to see your drawings, well wishes, and funny stories. Interested in learning more? Check out our Facebook page at “Million Letters of Hope.” Cards can be dropped off or mailed to 429 South Market Street, Martinsburg, PA.

## *Mark Your Calendars!*



- ✓ Learn about healthy eating habits
- ✓ Build your own flower bouquet
- ✓ Discover new ways to improve yourself
- ✓ Get free health screenings

**Bring a friend and plan to join us!**

**Tuesday, May 20th**

**10AM - 2PM**

**The Village Green | 156 Village Way  
Martinsburg, PA 16662**

## *Spring Forward on Event Planning: Bookings Now Open*

The Bistro at The Village Green is now accepting event bookings for spring and summer. Whether you're celebrating a wedding, baby shower, graduation, anniversary, retirement, reunion, or birthday, we're here for it all! We offer a versatile event space and customizable menu to serve your needs. We also offer catering for outside events. To book, call (814) 793-5234.



Join us for our famous Friday Fish Fry! No reservations necessary. The Bistro is open every Friday from 4PM - 7PM.



# *Thank You For Reading!*

*The Homespun is a quarterly newsletter.*

*We anticipate our next edition will be released in July 2025. Stay connected by checking out our website, [www.thevillageatmorrisonscove.org](http://www.thevillageatmorrisonscove.org), or by utilizing one of the options below:*

## *Keep Up-To-Date!*



*If you'd like to receive physical newsletters, please email [efoster@thevmc.org](mailto:efoster@thevmc.org).*



*Follow us on Facebook at "The Village at Morrisons Cove" for new posts and photos.*



*Keep up with dining events at "The Village Green" on Facebook.*